

14 October 2019

Dear Parent/Carer,

Please be aware that there has been reported cases of head lice outbreaks in The Academy. We would advise all parent/carer6 to check their children's hair and if you have any concerns please contact your pharmacist.

We issue the following advice taken from the NHS website.

Lice and nits can be removed by wet combing. You should try this method first.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- **Wash hair with ordinary shampoo.**
- **Apply lots of conditioner (any conditioner will do)**
- **Comb the whole head of hair, from the roots to the ends.**

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, fizzy or curly hair.

Do wet combing on days 1,5,9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

For information about wet combing, see the [Community Hygiene Concern website](#).

Treat head lice as soon as you spot them.

You should check everyone in the house and start treating anyone who has head lice on the same day. There's no need to keep your child off school if they have heads lice.

Your support in this matter is greatly appreciated.

Your faithfully



Mr David Vickers.
Academy Principal.